



THE MANAGER COACH

This program has especially been designed for leaders / managers in charge of a team, a project or any kind of matrix relationship. It's about making great leaders throughout the organization. This program can be delivered in English, French, Spanish, Dutch & Catalan.

OBJECTIVES

- **When** to be a boss and when a manager-coach.
- How to have more impact with **difficult** people.
- It's not only about coaching, it's all about **attitude**.
- Stop to solve problems, **empower** people to deal with it.
- Stop to motivate people, **empower** them to take care of their needs and to become **self-leaders**.

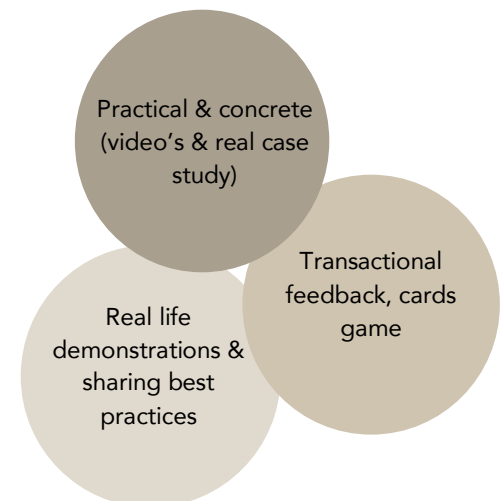
PROGRAM

DAY 1

- Do we need to coach all the time?
- Ofman Quadrant, what are my pitfalls as a coach?
- The right attitude for being a manager-coach.
- Open mind & closed mind, the consequences on people.
- Non-Verbal Communication.
- Active Listening and powerful open-ended questions

DAY 2

- Questionnaire: self-test
- Dramatic triangle, a trap for coaches
- The coaching process
- The collaboration contract.
- The GROW technic



METHODOLOGY

ROLE PLAY



SHARING



PRACTICE



EXPERIENTIAL LEARNING

